

קולנו Kolenu בס"ד

Shabbos	
Candle Lighting:	6:30 PM (but not before 5:33 PM)
Mincha Erev Shabbos:	5:20 / 6:40 PM
The Rav's Parasha Shiur:	8:15 AM
Shacharis:	7:30 & 9:00 AM
Early Mincha:	2:00 PM
Daf Yomi Shiurim and Rambam Shiur:	5:15 PM
Mincha:	6:15 PM
Maariv:	7:18 PM (15 min before Shabbos ends)
Shabbos Ends:	7:33 / 8:00 PM - רבינו תם
Erev Rosh Hashanah (Sunday)	
Selichos / Shacharis	5:00 AM & 7:05 AM
Kollel Boker:	6:30-7:00 AM in shul and on Zoom
Rabbi Krause's Daf Yomi:	7:10 AM in shul and on Zoom
Rabbi Dr. Agatstein's Daf Yomi:	8:00 PM via Zoom
Rosh Hashanah, Day 1 (Sun night, Mon)	
Candle Lighting:	6:27 PM
Mincha Erev Rosh Hashanah: <i>The Rav will speak between Mincha & Maariv</i>	6:35 PM
Shacharis:	7:45 AM (Shofar not before 10:00 AM)
Daf Yomi Shiurim and Rambam Shiur:	5:25 PM
Mincha: <i>Rabbi Dr. Fox will speak between Mincha & Maariv</i>	6:25 PM
Rosh Hashanah, Day 2 (Mon night, Tues)	
Candle Lighting:	Not before 7:30 PM
Shacharis:	7:45 AM (Shofar not before 10:00 AM)
Daf Yomi Shiurim and Rambam Shiur:	5:25 PM
Mincha: <i>R' Elie Ryzman will speak between Mincha & Maariv</i>	6:25 PM
Yom Tov Ends:	7:28 / 7:55 PM - רבינו תם
Tzom Gedaliah (Wednesday)	
Selichos / Shacharis:	5:30 AM & 6:15 AM
Fast Begins / Ends:	5:31 AM (Alos, °) / 7:09 PM (R' Tuk.)
Rabbi Krause's Daf Yomi:	5:00 AM in shul and on Zoom
Kollel Boker:	5:45-6:15 AM in shul and on Zoom
Mincha:	6:15 PM
Rabbi Dr. Agatstein's Daf Yomi:	8:00 PM via Zoom
Weekday (Thursday, Friday)	
Rabbi Krause's Daf Yomi:	5:05 AM Thurs, 5:15 AM Fri, shul & Zm
Kollel Boker:	5:45-6:30 AM in shul and on Zoom
The Rav's Tefillah Chabura:	Resumes after Yom Kippur
Selichos / Shacharis:	5:35 AM & 6:30 AM Thursday 5:45 AM & 6:30 AM Friday
Rabbi Dr. Agatstein's Daf Yomi:	9:00 PM Thurs; 4:30 PM Fri; all Zoom
Last Time for Shema/Tefillah All Week:	9:44 AM / 10:44 AM
Mincha / Maariv Thursday	6:25 PM
Recite Krias Shema All Week After:	7:23 PM
The Rav's Chabura & Rav Bondi's Gemara Shiur:	Resume after Sukkos

Young Israel of Hancock Park

Rabbi Elan Segelman

פ' נצבים

Pirkei Avos Perek 5 & 6
כ"ז אלול - Sept. 24, 2022

Check the eruv status at
https://twitter.com/LAEruv_status
before Shabbos

Upcoming Shul S'machos & Events

Levi Kopple Bar Mitzvah
Parashas Nitzavim
[Shabbos, September 24, 2022](#)

To have your simcha or event listed here please email kolenu@yihp.org

Guests & non-members can donate through PayPal at yihp.org

Shul Contact Emails:

- rabbi@yihp.org
- president@yihp.org
- admin@yihp.org
- kolenu@yihp.org
- gabbai@yihp.org

Next Shabbos - פ' וילך (Shabbos Shuva)

Candle Lighting:	6:20 PM
Mincha:	6:30 PM

Mazel Tov to Michael and Yael Kopple on the bar mitzvah of their son Levi Simcha at YIHP this Shabbos. Mazel Tov to the grandparents, Dr. Joel and Madelynn Kopple and Moshe and Sara Leibler.

Mazel Tov to Rabbi Dr. Ernest and Suzanne Agatstein and Gary and Merrill Hoffman on the bris of their grandson Dov Eitan. Mazel Tov to parents Asher and Dahlia Hoffman of Modi'in, Israel, and to all of the extended families.

Mazel Tov to Yossi and Galit Kochav Lev on the bris of their grandson Yaakov Dov. Mazel Tov to proud parents Shlomo and Osher Fried of Yerushalayim and to grandparents Rabbi and Mrs. Yerachmiel Fried of Dallas.

Mazel Tov to Robert and Erica Klein on the naming of their granddaughter Rina Chaya. Mazel Tov to proud parents Rabbi Nachi and Michelle Klein of Northridge.

Mazel Tov to Frieda and Yossie Kahan on the engagement of their granddaughter Jacquelyn Leffel to Avery Penn of Teaneck. Mazel Tov to Jacquelyn's parents Sara and Chaim Leffel and to great aunt and uncle **Esther & Chaim Craitenberger**.

Mazel Tov to Rabbi Moshe and Sara Lea Dear on the birth of a granddaughter. Mazel Tov to the parents, Ephraim and Ruchi Sternberg in Israel.

The Hashkoma Minyan's halacha shiur topic will be: **"No Blessing When Confessing: Why Does the Mitzva of Teshuva Have No Bracha?"**

Kiddush!

Michael and Yael Kopple invite the kehilla to a kiddush after the main minyan in honor of Levi Simcha's bar mitzvah.

Sponsors of Seudah Shlishis are:

- **Itzhak and Ahouva Shapiro** in commemoration of the yahrzeit of Perel Raiza bas Eliezer Meir a"h, Itzhak's mother.
- **Shmuel and Beverly Kroll** in commemoration of the yahrzeit of HaRav Shlomo Noach ben Mordechai Shmuel a"h, Shmuel's father.
- **Nachi and Hedy Silverman** in commemoration of the yahrzeits of Moshe Meir ben Dov a"h and Perel bas Mordecai Mendel a"h, Hedy's parents.
- **David and Mira Zeffren** in commemoration of the yahrzeit of Matil Tzirel bas R' Moshe a"h, David's mother.

We will be having Girls groups on both days of Rosh Hashanah. Ages 5-10. Starting at 10:00 AM.

The *Shoshanim* program, for Ladies 55+, resumes on Monday, October 24th.

Lenders, don't forget to make a pruzbul. Refer to the "Still Important Pruzbul Info" message sent on Tuesday, Sept. 20th.

Bid on Rosh Hashanah & Yom Kippur kibbudim at <https://bit.ly/3BH8eWI>. Enter your name & bid. Questions? Ask leo@jshp.org.

Please continue to daven for Michael Kreisberg, Moshe ben Pesha.

Serenity at the Extremes: We All Struggle, but That's a Good Sign - Rabbi Yissocher Frand

Moshe Rabbeinu tells Klal Yisrael, "You are standing today, all of you, before Hashem your G-d." Rashi quotes a Medrash which explains that Moshe was calming them down after they had been frightened upon hearing Ki Savo's curses. "You are still standing here today. You have often angered the Almighty, and He has not destroyed you. You will be bad again, but you'll get through it. Don't worry."

Moshe has them trembling in their sandals, and then he tells them, "Don't worry about it." Didn't that defeat the whole purpose of his *mussar schmooze*?

I saw in the *sefer* Avir Yosef an observation from Rav Elya Ber Wachtfogel, Rosh Yeshiva of South Fallsburg. The Tosefta in Masseches Shabbos notes that the people of Sodom are the calmest. The Tosefta says that that's what attracted Lot to Sodom. He had seen Avraham Avinu's great serenity, and wanted the same for himself.

There's constant tension between one's *guf* and one's *neshama*, making serenity impossible. Avraham Avinu erased this tension by making himself 100% spiritual. The people of Sodom erased this tension by throwing out their *ruchniyus* and going with the *guf*. Lot couldn't reach his uncle's level, but he sure could reach Sodom's.

Moshe Rabbeinu was telling Klal Yisrael that as long as they feel the tension, they're still in the fight, and what happened to Sodom won't happen to them.

This is encouraging as we approach Rosh HaShannah. We all have issues that we need to deal with. But we are still in the fight. Please G-d, with the merit of our search for *ruchniyus*, the Ribono shel Olam will bless Klal Yisrael with a year of life and health, financial well-being, and peace.